



RULES & REGULATIONS

1. General Rules

- 1.1 In addition to the regulations contained within these regulations, the competition will be conducted in accordance with the latest rules and regulations of UCI (Union Cycling Internationale).
- 1.2 Should there be any conflict in interpretation, the English version of latest UCI Regulations will be act as the point of reference.
- 1.3 All decisions made by the technical committee of Junior Cycling Malaysia (JCM) are final.

2. Participation

- 2.1 Participation is open to public, international, national and state riders regional and club teams registered with the National Sports Council.

3. Categories and Age Group

- 3.1 Category and age group are as follows:

	Category	Age	Year of Birth
a.	<u>"Road Bike"</u>		
	Boys and Girls under 19 (with UCI license)	17 – 18 years' old	1999 – 2000
	<u>"Road bike" Elite</u>		
	- Men Elite (With UCI license)	19 – 35 years	1998 – 1982
b.	- Men Open (Without UCI license)	19 – 35 years old	1998 – 1982
	- Men Master (With and without UCI license)	36 years and above	1981 & before
	- Women Elite (With and without UCI license)	19 years and above	1998 & before
c.	Push Bike	2 – 4 years old	2013 – 2015
	Push Bike	5 – 7 years old	2010 - 2012

4. Licenses

- 4.1 Riders in the Elite and Under 19 (male and female) category, are required to have a valid UCI race licenses cycling issued by the Malaysian National Cycling Federation or comparable national federation.
- 4.2 Riders from other categories also are **encouraged to apply** for race or temporary license (day license) (**BUT NOT COMPULSORY**) at the Malaysian National Cycling Federation counter on race day.



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5. Race Rules

5.1 Road Race

- 5.1.1 Date and time of when riders are released are stipulated in the racing schedule
- 5.1.2 Feeding zone will begin 20km from the start line and ends 10km before the finish line and serving is permitted through the team vehicles as well. Team vehicles must comply to the instructions provided by the JCM marshals and commissors.
- 5.1.3 Results of the competition will be judged in the order in which the riders cross the finish line

6. Bicycle

- 6.1 All bikes (Under-19) will be used in the race must undergo scrutineering by the authorised event officials in the area designated by the organizer. Each rider is required to submit their bike for 'bike check' **at least 45 minutes** before the race commences. The designated official will make the necessary announcements beforehand.
- 6.2 Any bicycle found to be unsafe or not complying with common manufacturing standards will be allowed to undergo repairs outside the inspection area. Bikes that have been repaired must undergo scrutineering once again before being allowed to race.

7. Gearing

- 7.1 All riders (men and women) for the **Under 19** are required to use a set gearing. **Gearing inspection will be conducted by the commissors after bike check has been completed**
- 7.2 Bicycles that have been checked are not permitted to leave the inspection compound.
- 7.3 The commissors has the right to prevent a rider who uses a bicycle that does not comply with the race specifications.

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7.4 Gearing ratios are as follows:

RIDER'S CATEGORY	MAX. GEAR RATIO	CHAINRING & SPOKET	ROLL OUT	
			Meter	Inches
Under 19	7.8 M or 100 Inches	34 X 11	6.5	83.45
		36 X 11	6.9	88.36
		39 x 11	7.5	95.73
		42 X 12	7.4	94.50
		50 X 14	7.5	96.43
		52 X 14	7.8	100.29
		53 X 15	7.4	95.40

8. Attire (Jersey & Helmet)

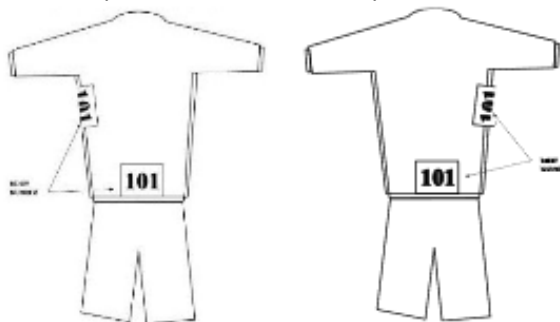
8.1 All riders must wear a helmet (hard shell helmet) and appropriate cycling jersey during the race

8.2 Wearing of sleeveless shirt is strictly prohibited at all in the race.

9. Bibs

9.1 All riders will be provided with two (2) pieces of rider number bibs and one (1) piece Bicycle number tag. Bib numbers and bike tag must be in the original condition and without defect, bibs and tags cannot be cut, altered and folded. Any modification of those numbers is prohibited and on be grounds for dequalification.

9.2 Rider bib numbers must be placed/pinned in optimum visibility; one (1) piece at the back of the rider and 1 piece on either the left or flank riders as indicated in the diagram (further details will be published on event specific race rules)





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10. Team Time Trial

- 10.1 This event shall be participated by teams composed of four (4) riders and a maximum of six (6) riders at the distance of 43.7 km.
- 10.2 The starting order shall be determined by drawings lots.
- 10.3 The interval between each Team is two (2) minutes.
- 10.4 The riders of each team shall present at the bike check point no later than 15 minutes before the scheduled start time. (Article 2.5.009 - UCI Cycling Regulations)
- 10.5 The time of any team reporting late to the start shall be calculated from its scheduled starting time. If a rider arrives late at the start, the team may either wait and have the lost time deducted, or start at the scheduled time. The late rider will start alone and have the lost time deducted. (Article 2.5.010 - UCI Cycling Regulations)
- 10.6 If a team is caught, it may neither lead, nor take advantage of riding in the slipstream of the team that catches it. This clause shall equally apply to riders that drop behind. A rider that has dropped behind may not join another team, nor receive or provide assistance. (Article 2.5.015 - UCI Cycling Regulations)
- 10.7 A team, upon catching another, shall leave a lateral gap of at least 2 metres between them. After 1 km, the team caught shall ride at least 25 m away from the other. (Article 2.5.016 - UCI Cycling Regulations)
- 10.8 If necessary, the commissaire shall force the riders to leave the 2 metres lateral gap and the distance of 25 metres respectively, without prejudice to the penalties provided for in the scale of penalties (article 12.1.040, point 44). (Article 2.5.017 - UCI Cycling Regulations)
- 10.9 Riders, even of the same team, may not push one another. (Article 2.5.018 - UCI Cycling Regulations)
- 10.10 The following vehicle shall follow at least 10 metres behind the last rider of the team, shall never overtake it nor draw up level with it. In the case of a breakdown, technical support may be rendered only with the rider and vehicle stationary. (Article 2.5.021 - UCI Cycling Regulations)
- 10.11 The vehicle may not take up position between the team and any rider(s) that has/have dropped behind unless they are at least 50 metres apart. The riders that have dropped behind may under no circumstances ride in the slipstream of a vehicle. (Article 2.5.022 - UCI Cycling Regulations)
- 10.12 The following vehicle of a team that is about to be caught up shall, as soon as the distance between the two teams drops below 100 metres, drop back behind the vehicle of the other team. (Article 2.5.023 - UCI Cycling Regulations)
- 10.13 A vehicle following a team that catches up another may not take up position between the teams unless there are at least 60 metres between them. Should that gap subsequently reduce, the vehicle shall return to its position behind the last rider of the 2nd team. (Article 2.5.024 - UCI Cycling Regulations)
- 10.14 No equipment for the riders may be prepared or held ready outside the following vehicle. Persons riding in vehicles shall not reach or lean out (Article 2.5.025 - UCI Cycling Regulations)



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- 10.15 Megaphones or loud-hailers may be used. (Article 2.5.027 - UCI Cycling Regulations)
- 10.16 The time will be taken on the **third (3rd) rider** of each team.
- 10.17 If a rider is disqualified his team shall be disqualified. (Article 2.5.028 - UCI Cycling Regulations)

11. Objection & Disciplinary Action

- 11.1 All riders or and teams may make an objection. Objections must be made in writing along with a refundable deposit of RM 500 to the Commissors Panel within fifteen (15) minutes of the official results being announced for the contested category.
- 11.2 If the objection or appeal is deemed reasonable and acceptable by the Commissaire Panel, the deposit will be returned and an appropriate decision will be made in relation to the complaint, objection or appeal.
- 11.3 The deposit will be forfeited if the complaint, objection or appeal is found to be unreasonable or rejected.

12. Others

- 12.1 Riders are not allowed to swap or give their numbers to the other riders (authorise another rider to ride in their place)
- 12.2 Unregisters riders or those riders who do not sign on day will not be permitted to race. Should this occur, the organiser reserves the right to cancel his or her participation or in void his or her victory if any.
- 12.3 Upon completion of the race, top ten male and female may be subjected to gearing inspection. If gearing has been altered and tampered in any way, the organiser reserves the right to void their victory.
- 12.4 The organiser reserves the right to make changes to the above-mentioned race rules without prior notification.
- 12.5 Riders race at their own risk. The organiser will not be held liable for accidents or incidents prior during and after the race.
- 12.6 Any changes will be provided at the managers meeting and on the website.



TERMS & CONDITIONS

Terms and Conditions

The Terms and Conditions detailed below apply to all entrants participating in MEX RIDE 2018 powered by Maju Kuala Lumpur and oversees by technical team from Junior Cycling Malaysia.

Event bookings

1. **Cancellation by participant**

1.1. Cancellations by a registered participant is non-refundable.

2. **Cancellation by The Organiser**

2.1 In all circumstances The Organiser will endeavour to make sure the event goes ahead as planned. The Organiser however reserves the right to cancel any event, due to extreme weather conditions. In such circumstances, each participant's entry shall be automatically moved to a rescheduled event. No refunds will be offered.

3. **Booking amendments**

3.1 Names/registrants cannot be changed prior to the event commencing. All registrations are final.

4. **Personal details**

4.1 Payments are made using an approved secure payment system. The Organiser does not hold any payment details from any payment transaction.

4.2 We require you to register your Personal Data in order to make a booking so we can contact you should there be a problem with your registration. Please ensure you check your details for accuracy so as to enable efficient exchanges of communication if need be.

Race Specific Terms & Conditions

1: The participant accepts that the event they are entering is competitive in nature.

2: The participant is fully responsible for their actions whilst attending the event. This includes the event centre and during the ride itself. The Organiser does not accept responsibility for the actions of the participant nor the consequences of such actions.

3: Each participant, upon signing the registration form, agrees that they are physically and mentally capable of riding the distance they have chosen. If, during the event, they decide to change their route and distance, then all consequences of this action are theirs alone.

4: Each participant accepts full responsibility for any fees or costs incurred or arising from the need for repatriation.



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5: It is mandatory that all riders wear a safety approved cycling helmet complying with latest standards. Any rider not wearing a helmet will not be covered by the event insurance and will be disqualified from the event and could be liable for damages if involved in an accident on that basis. The rider must accept this as a condition of entry. The Organiser reserves the right to refuse entry to the event to anyone with inappropriate equipment or clothing.

6: The participant confirms that the bicycle they are riding for the race and all of their equipment is of a suitable standard and state of road worthiness.

7: During the race there will be warning signs at appropriate points on roads. Absence of these signs does not signal there are no dangers approaching and it is the individual rider's responsibility to make a decision regarding whether to ride a section or not. The marking of the route does not necessarily indicate that the road is rideable and the participant is deemed to make their own decision about whether to proceed on bike, foot or not at all.

8: The Participant agrees to receive pre and post event communications from The Organiser. Emails can be unsubscribed with ease, but doing so prevent all future event updates being sent.

9: The Organiser reserves the right to shorten or alter the published route at anytime. Participants do not have the right to claim a refund if the route is shortened.

10: Each participant will be fully responsible for any fees or costs incurred or arising from an accident either involving or caused by the rider. This includes, but is not exclusive to, fees from Police, Air Ambulance, Fire and Rescue and the Ambulance service. If the situation arises that you are not capable of making the decision to call for emergency services, the rider agrees that a member of the The Organiser team or a member of the public may call for them. In this situation, the rider still accepts the costs and consequences of such actions.

11: Each participant agrees to assign and grant the right and permission for The Organiser to use and publish any photographs/film/video/electronic representations and/or sound recordings of the participant on any The Organiser activity. The participant hereby releases The Organiser from any and all liability from such use and promotion.

12: Race entry fees cannot be refunded unless inconvenience coming from technical side.

13: The Organiser reserves the right to cancel any event, due to extreme weather conditions. In such an event, each participant's entry shall be automatically moved to the next scheduled race